

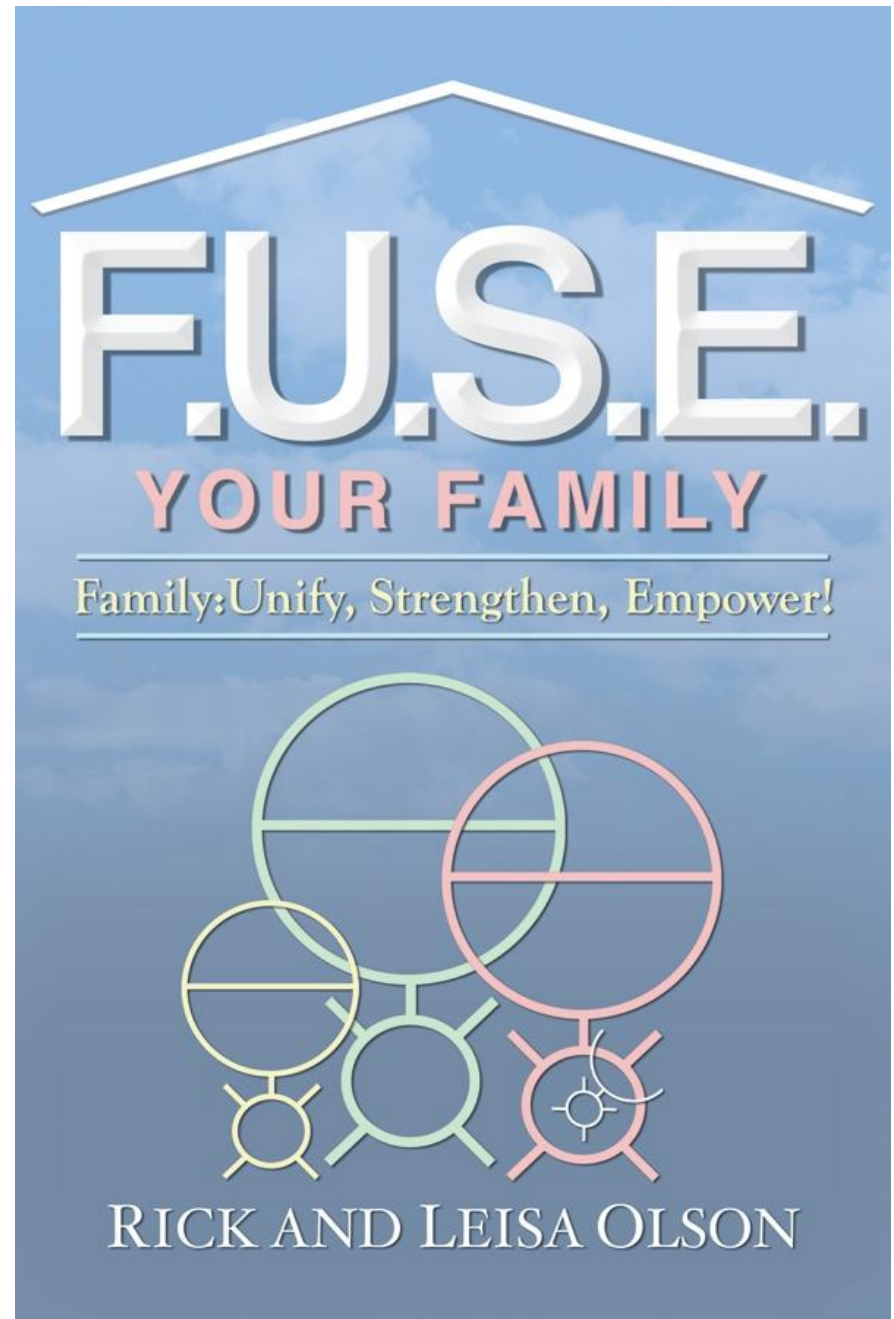
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F.U.S.E. Family Coaches Rick and Leisa Olson, parents to 6 daughters and grandparents to 11 grandchildren, are the experts for helping parents Unify, Strengthen and Empower their family. F.U.S.E. family programs teach the importance of taking responsibility for your thoughts, feelings and actions, or Attitude, and guide families to an awareness of their purpose together as a family. The ideas and concepts in their programs address the struggles that most families have, such as time together as a family, communication, respect and setting boundaries.



F.U.S.E. at HOME Summary

Week 1 Why are we a family?

Objective: To gain a clearer understanding of family, how we fit together, our roles and responsibilities within the family unit.

Week 2 The Stickperson

Objective: Explain and understand how our mind works and the steps to creating an image of what it is that we want in our life and achieving our desired results

Week 3 Intellectual Faculties

Objective: To become aware of what our Intellectual Factors are and how we can use them to help us achieve our desired results.

Week 4 Attitude and Affirmations.

Objective: Is to create positive affirmations that will improve our attitude so that you can achieve your desired results.

Week 5 Wants

Objective: Write out a list of 30 wants, and understand what results you want in the 5 areas of your life.

Week 6 Terror Barrier

Objection: To understand that change is uncomfortable, but we have the ability to move beyond our fears and self imposed limitations.

Week 7 Action – Purpose

Objective: For each family member to realize who and what he/she really wants to be, do, and have in their life, and create a purpose statement that clearly states what their purpose is.

Week 8 Vision, Goals and Decision Making

Objective: To understand what vision is, and how to develop goals that will help you live that vision as well as learn the 4 point decision making process so that you know the goals you make are in harmony with your purpose.

Week 9 Family Purpose

Objective: To create a purpose statement that clearly defines your family's desires.

Week 10 Family Vision

Objective: To work together as a family to create a clear picture of what their family life looks like as they live their purpose.

Week 11 Taking Action with Goals

Objective: For the family to make goals together each day that will move them forward toward the fulfillment of their family purpose.

Week 12 LOOK AT US NOW!!!

Objective: Our life is governed by Universal Laws, and to reinforce that as we understand these laws and how they work we will be able to create all that we desire in our life.